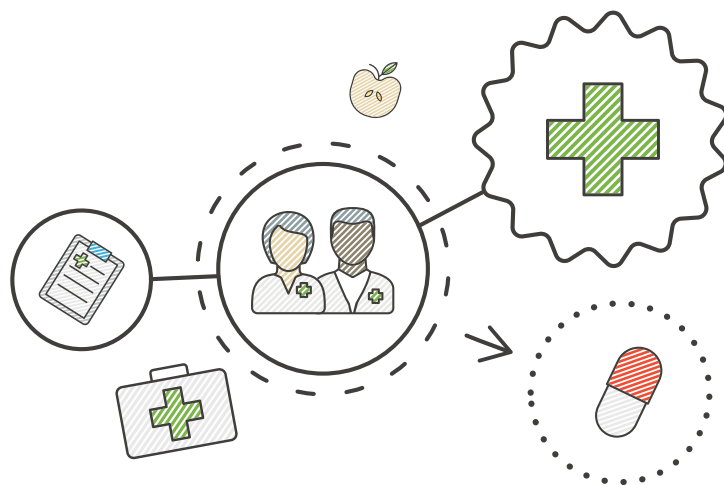




# Be Your BEST



## Best Wishes

Hi. I'm Angie Avilez, Vice President and Office Manager. In my role as "the heart of the company," it's my job to manage our relationships with you, our patients; as well as our physicians, nursing skilled facilities and case managers. I work closely with our Director of Nursing, overseeing all office operations and budgeting, and ensuring the right medical supplies are on hand. In addition, I develop processes that help us serve you better and I guide our team's continual development and improvement.

I am proud of the people I have helped since I started working in home health in 2006 as an office assistant. I love what I do and I am very passionate to help those in need and unable to help themselves. I am honored to be part of Best Home Healthcare Network providing you, our patients, with the best possible care. I hope you find the information below valuable.

*"I am able to do all things through him who strengthens me." Philippians 4:13*

## Best Seasonal Tips

1

October was Breast Cancer Awareness Month. Let's Talk About Reducing Your Risk.

[View Tip >>](#)

2

Dealing with Seasonal Depression

[View Tip >>](#)

3

Protect Your Home; Preparing for Winter

[View Tip >>](#)

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## Best of the Best



### Ms. Joanne Hill, RN

Best Home Healthcare Network would like to recognize one of our nurses, Ms. Joanne Hill, for her outstanding performance with our patients. Many of our patients have explained to us that they really “like” Ms. Hill. She is knowledgeable and professional.

Joanne’s quote “Do unto others as you would have others do unto you” aligns with our business model at BHHN— Treating each patient as if they were your own parent, spouse, sibling or child.

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## Your Best Questions, Our Answers



### Q. Will the supplies be at my house upon discharge?

**A.** That is our goal, yes. We will meet with you and your doctor prior to your discharge, and will encourage the hospital’s discharge planners and case managers to send home enough supplies for at least two days. Once you are under our care, we will visit you in your home on a schedule that your doctor has prescribed and keep him or her continually updated on your progress.

Have a question? Email it to us at [krystal@bhncare.com](mailto:krystal@bhncare.com)

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## Best Upcoming Events

### Annual Patient Safety Symposium You Are Healthcare. You are Chicago’s Heroes!

**Date:** Thursday, December 14, 2007 8:30am – 5:00pm

**Location:** University Center, 525 South State Street, Chicago

This event is for Case Managers specifically. For more information, contact **Krystal Jones-Gooden, MA** at **312-461-1700**